



ICC Introduction to Cricket Course (Outline & Objectives)

Course Objectives

To provide participants with:

A basic understanding of the game of cricket

A basic education in three important components of the game

- a) **playing/coaching**
- b) **umpiring**
- c) **scoring**

The skills and resources to conduct/assist a cricket session with children. It would be envisaged that this session would predominately include game based activities, but also some coaching components.

Target Market

Predominantly teachers, tertiary education students, parents and youth workers with little or no understanding of cricket. Also current players and cricket interested people, with little or no coaching, umpiring or scoring experience.

Assessment/Attendee Requirements

There is no official assessment to be completed during this course. Participants however are required to attend all components of the course in order to receive a certificate of participation.

Accreditation

This course does not have an official accreditation; however attendees will receive a certificate of participation at the completion of the course.

Who Conducts the Course?

Local instructors who have been trained during an ICC Cricket Education Instructors course, conducted by their ICC Development regional office.

www.ecc-cricket.com

COURSE OUTLINE

Introduction – What Is Cricket?

ICC Development Program Objectives
Objectives of the ICC Cricket Education Course
Cricket in Europe
Video Presentation – “ICC – This is Cricket”
Short Game of Modified Cricket (Non-Stop Cricket)

TEACHING METHOD

The initial components of this section would be conducted in a lecture style environment with overhead project sheets/PowerPoint slides accompanying the discussion. The “ICC - This is Cricket” video would then be shown to allow participants to see cricket played, and furthermore reiterate the basic concepts outlined during the lecture. In order to give the participants a ‘feel’ for the game a short game of modified cricket (Non-Stop Cricket) would then be played.

Playing/Coaching Component

Objectives/Introduction and the concept of Innovative Coaching
Basic Coaching Philosophies
Role of the Coach – “Fun, Participation, Competition”
Preparation/Session Planning (Safety)
Warm ups/ Skills (Ball Handling-Games)

Playing/Coaching Component Contd

Batting:

The Basics (grip, stance, backswing and step)

Defence – Front Foot/Back Foot Defensive

Attack – Front Foot Drive /Pull Shot

Running Between the Wickets

Drills/Games



Bowling:

The Basic Grip

Bowling from the Coil

The Bound

The Full Action

Drills/Games



Fielding/Wicket keeping:

Catching Close to the Wicket

Catching in the Deep

One-Handed Intercept and Underarm Throw

Overarm Throwing

The Long Barrier

WK – Standard, Off Side and Leg Side take

Field Placings



Modified Games:

Non-Stop Cricket
Pairs Cricket
The Lord's Game
Inter Cricket

TEACHING METHOD

The Warm Up, Batting, Bowling and Fielding/Wicket Keeping components of the course will involve a practical demonstration of the basic skills outlined above, with participants then being educated to the various drills/games highlighted in the 'ICC Teach Cricket' manual that could be used to teach these skills. These skills would be reiterated at the end of the course when a modified game is played. During this process, participants would also be shown how innovative coaching methods can overcome a lack of equipment and resources.

The Modified Games section would involve participants learning the rules for the various games outlined above in a practical environment. Again 'Teach Cricket', or other coaching resources, would be provided to aid this process.

UMPIRING COMPONENT

Role of the Umpire
Scoring Runs (incl. Boundaries)
The Over
No Balls and Wides
Byes and Leg Byes
Ways of Getting Out (mention all)
Signals Summary



TEACHING METHOD

This section will be held in a lecture type environment; however it would be envisaged that practical examples would also be used to demonstrate many of the above points. Again these basic points would be reiterated at the end of the course during a modified game.

SCORING COMPONENT

Starting Scoring – Basic Concepts

Scoring Runs

Scoring Extras

End of the Over

Fall of Wicket

Balancing the Book (end of innings/game)



TEACHING METHOD

This section would be held in a lecture type environment, and again the various points would be reiterated during the modified game.

MODIFIED GAME

A game of modified cricket would be played at the end of the session in an attempt to tie all the components of the course together. Participants would be required to umpire and score the game, as well as play in it. Basic concepts and coaching points that were highlighted during the course would be reiterated.

REVIEW

Basic concepts would be reviewed after the game, and participants would be encouraged to put the knowledge they have learnt into practice.

FURTHER NOTES

Requirements to Conduct the ICC Cricket Education Course

Flat Outdoor or Indoor facility

TV/Video Set Up a d “ICC – This is Cricket” Video (optional)

Whiteboard/Blackboard

Overhead Projector/PowerPoint Facility

Kwik Cricket Set or Other Cricket Equipment

Plenty of balls

“ICC Teach Cricket” Manuals and ICC Textless Resource

Other resources to give to participants – i.e. modified game materials, coaching lesson plans

Comment on Course Objectives and Time

As stated above under ‘minimum duration’, the actual length and content of this course will be largely dependent on each individual instructor, and the individual circumstances that are faced by instructors in their home countries.

However it is believed that in order for this course to achieve its minimum objectives, instructors must ensure participants are given an opportunity to gain:

- a) an understanding of the basic principles of the cricket
- b) an understanding of how to conduct a ‘cricket lesson’ and game of modified cricket for children using limited equipment/resources
- c) some basic coaching knowledge
- d) some basic umpiring knowledge
- e) some basic scoring knowledge

Instructors should be made aware of this when establishing their individual course outlines